

Developmental Milestones

AGE	GROSS MOTOR	FINE MOTOR	LANGUAGE	SOCIAL/COGNITIVE
2 months	Lifts head/chest when prone.	Tracks past midline.	Alerts to sound; coos.	Recognizes parent; social smile.
4-5 months	Rolls front to back, back to front.	Grasps rattle.	Orients to voice; begins to make consonant sounds, razzes	Enjoys looking around; laughs.
6 months	Sits unassisted.	Transfers objects; raking grasp.	Babbles.	Stranger anxiety.
9-10 months	Crawls; pulls to stand.	Uses three-finger (immature) pincer grasp	Says "mama/dada" (nonspecific).	Waves bye-bye; plays pat-a-cake.
12 months	Cruises (11 months); walks alone.	Uses two-finger (mature) pincer grasp.	Says "mama/dada" (specific).	Imitates actions.
15 months	Walks backward.	Uses cup.	Uses 4–6 words.	Temper tantrums.
18 months	Runs; kicks a ball.	Builds tower of 2-4 cubes.	Names common objects.	Copies parent in tasks (e.g., sweeping).
2 years	Walks up/down steps with help; jumps.	Builds tower of six cubes.	Uses two-word phrases.	Follows two-step commands; removes clothes.
3 years	Rides tricycle; climbs stairs with alternating feet (3-4 years).	Copies a circle; uses utensils.	Uses three-word sentences	Brushes teeth with help; washes/dries hands.
4 years	Hops.	Copies a square.	Knows colors and some numbers.	Cooperative play; plays board games.
5 years	Skips; walks backward for long distances.	Ties shoelaces; knows left and right; prints letters.	Uses five-word sentences.	Domestic role playing; plays dress-up.